

Swim Meets 101

Remember to sign up to volunteer at the meet!

What to bring:

- Chairs, blanket for kids to sit on, suit, goggles, swim cap, extra towels, Sharpies, games/distractions, snacks, drinks, cash for concessions, dry clothes, warmer clothes for between events

Travel and Arrival:

- Warm up and meet start/end times will be emailed in the days prior to the meet.
- Allow plenty of time to arrive so your swimmer doesn't miss warm-ups.
- Each team will have a labeled bullpen area for chairs and waiting between events. To ensure space for everyone, please only set up in the area designated for our team.
- Always check in with your coach prior to warm-ups.

Once You are There:

- 1) Obtain a heat sheet and note your child's event information for the entire session. It's best to record your child's event information on their arm (see page 5). This helps swimmers keep track of their events and makes it easier for meet volunteers running the events get swimmers where they are supposed to be.
- 2) Set up your chairs, blankets, etc. and settle in! There will be kids and parents everywhere. During the meet, the coaches will be poolside, coaching. Swimmers will be hanging out with their families and each other.
- 3) Coaches will post relay information after warm-ups are finished – be sure you know if your child is scheduled for a relay.
- 4) After all teams have warmed up the meet will begin.
- 5) Listen for the announcer who will call events. Each event is usually called at least two or three times to allow swimmers to get where they need to be and to keep the meet moving along (usually swimmers 10 and under meet in Clerk of Course to line up for events, while those 11 and older report directly to the blocks). ***** Listening for and getting to events is the responsibility of swimmers and parents. *****
- 6) You may leave after your swimmer's last event; however, PLEASE do not leave if they are scheduled for a relay. If you must leave early, please talk to a coach so they can make adjustments.

Heat Sheets 101:

- Heat sheets are a schedule of the meet session. They tell you all the information that you need to know for your swimmer's individual events. Meets taking place over several days usually have separate heat sheets for each session, available before each session begins.
- Each host team handles heat sheets differently, so be sure to verify how to get one at each meet. Hard copies may be available for purchase or for free, or they may be entirely online through Meet Mobile, or some combination.
- Relay assignments may not be included in heat sheets as swimmers may not be assigned to relays until after warm-ups. ***PLEASE do not leave the meet until you confirm that your child is not in a relay.***

Heats sheets are several pages long. Here is a sample page:

Countryside YMCA

HY-TEK's MEET MANAGER 7.0 - Page 5

2019 Summer Polar Bear Meet Program - Saturday

Event 203 Girls 8 & Under 50 LC Meter Breaststroke

Meet: 54.09 2011 Molly Arneson

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 4 Finals Starts at 09:17 AM

1	Emma Boyce	8	RCDB-OH	1:13.10
2	Lillian Gaskill	8	CFY-OH	1:08.24
3	Skylar Howell	8	KEY-OH	1:02.44
4	Teagan Stover	8	CY-OH	58.89
5	Aubrey Clark	8	SPY-OH	1:01.89
6	Claire Liu	7	CY-OH	1:06.35
7	Reagan Brown	8	CY-OH	1:09.58

Heat 2 of 4 Finals Starts at 09:18 AM

1	Siena Cukovecki	7	CY-OH	1:23.44
2	Maya Tuladhar	7	CY-OH	1:23.19
3	Cara Gates	7	CY-OH	1:21.15
4	Annie Lucas	7	RCDB-OH	1:14.62
5	Delaney Maines	7	CY-OH	1:16.52
6	Harriett Bommer	7	CFY-OH	1:22.88
7	Harper Coughenour	7	RCDB-OH	1:23.21

Heat 3 of 4 Finals Starts at 09:20 AM

1				
2	Emma Essert	7	CY-OH	NT
3	Isabella Jansen	8	CY-OH	NT
4	Dakota Boyle	8	CY-OH	1:35.96
5	Estella Jackson	8	CY-OH	NT
6	Sara Harnar	8	CY-OH	NT
7	Emma Mullen	7	CY-OH	NT

Heat 4 of 4 Finals Starts at 09:22 AM

1				
2				
3	Gabby Keech	6	KEY-OH	NTY
4	Taylor Abercrombie	7	RCDB-OH	NTY
5	Evelyn Godemann	7	KEY-OH	NTY
6				
7				

Event 204 Boys 8 & Under 50 LC Meter Breaststroke

Meet: 50.25 2012 Brandon Thomas

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals Starts at 09:23 AM

1				
2	Chase Aquilia	7	CY-OH	1:10.15
3	Wesley Simon	7	KEY-OH	1:08.18
4	Grayden Van Schoyck	7	CY-OH	56.78
5	Finnigan Wilson	8	SPY-OH	58.53
6	Aaron Ko	8	RCDB-OH	1:09.22
7	Gavin Gee	8	CY-OH	1:10.57

Heat 2 of 2 Finals Starts at 09:24 AM

1				
2				
3	Oliver Jansen	6	CY-OH	NT
4	Julien Stiver	8	KEY-OH	1:14.82
5	Ethan Keyes	8	SPY-OH	1:21.89
6				
7				

Event 205 Girls 9-10 50 LC Meter Breaststroke

Meet: 40.14 2013 Molly Arneson

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 5 Finals Starts at 09:26 AM

1	Charlotte Lucas	10	RCDB-OH	56.64
2	Amelie Smith	10	RCDB-OH	54.89
3	Gabrielle Cain	10	CFY-OH	48.20
4	Laina Lambert	10	SPY-OH	47.01
5	Ellie Perry	10	CY-OH	48.12
6	Charlotte Wentzel	10	KEY-OH	54.69
7	Tabitha Beecroft	10	CFY-OH	55.66

Heat 2 of 5 Finals Starts at 09:27 AM

1	Maddy Murlin	10	HHY-OH	59.45
2	Tara Gibson	9	RCDB-OH	58.67
3	Ruby Clark	10	SPY-OH	57.39
4	Reagan Bryner	9	CFY-OH	57.05
5	Lizzy Cripe	10	CFY-OH	57.10
6	Darby Lefeld	9	AMFY-OH	58.07
7	Julia Crumback	9	CY-OH	58.79

Heat 3 of 5 Finals Starts at 09:28 AM

1	Andie Andress	10	CY-OH	1:07.97
2	Katie Tenbusch	9	CY-OH	1:06.66
3	Maya Slayton	9	GMVY-OH	1:01.49
4	Ava McClung	10	CY-OH	1:00.63
5	Luci Swanson-Bishop	10	CFY-OH	1:01.17
6	Sofie Armstrong	10	HHY-OH	1:03.90
7	Taylor Kaeff	9	HHY-OH	1:07.81

Heat 4 of 5 Finals Starts at 09:29 AM

1				
2	Riley Lucas	9	CFY-OH	1:16.83
3	Kiana Hill	9	CFY-OH	1:14.74
4	Addison Chapa	9	RCDB-OH	1:10.76
5	Abby Guibord	9	CY-OH	1:11.30
6	Gianna Marcum	9	CY-OH	1:16.64
7				

Here is a close-up for a single event. Blue circles indicate the Event, Heat, Lane, and Stroke to write down.

Event 204 Boys 8 & Under 50 LC Meter Breaststroke				
Meet:		50.25	2012	Brandon Thomas
Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Finals Starts at 09:23 AM				
1				
2	Chase Aquilia	7	CY-OH	1:10.15
3	Wesley Simon	7	KEY-OH	1:08.18
4	Grayden Van Schoyck	7	CY-OH	56.78
5	Finnigan Wilson	8	SPY-OH	58.53
6	Aaron Ko	8	RCDB-OH	1:09.22
7	Gavin Gee	8	CY-OH	1:10.57

Heat 2 of 2 Finals Starts at 09:24 AM

1				
2				
3	Oliver Jansen	6	CY-OH	NT
4	Julien Stiver	8	KEY-OH	1:14.82
5	Ethan Keyes	8	SPY-OH	1:21.89
6				
7				

Arm Writing 101 (Use a Sharpie): E = Event # H = Heat # L = Lane # S = Stroke

